

## Florida & Georgia Walk

SATURDAY, MARCH 12, 2022 10AM EST VIA ZOOM





## PARTICIPATE AND MAKE A DIFFERENCE RIGHT WHERE YOU ARE! RAISE CRUCIAL FUNDS AND AWARENESS TO HELP CONQUER SJÖGREN'S AND CREATE A BRIGHTER FUTURE!



## **HERE IS HOW...**

- Personally donate and/or raise \$50 registration fee to receive a Walk for Sjögren's T-shirt. (If you do so by March 2, you will receive your T-shirt in time for Walk Day and a chance to win a \$100 Amazon gift card)
- Step 2. Personalize: Add your story and why you walk to your online fundraising page
- Step 3. Raise Funds: Ask family and friends to donate to your page
- Step 4. Rally Others: Encourage your family and friends to participate and register (no matter where they are). They can register online, raise funds and receive a T-shirt and other prizes too!
- Step 5. Join Us on Saturday, March 12, at 10am ET:
   Opening Ceremony is on Zoom Ceremony features door prizes, expanded Ask the Doctors (bring your questions), and seeing fellow Sjögren's friends!

  Then at 10:45am take off on your walk in your neighborhood. (Be sure to take pictures and share them at #WalkforSjogrens)



## WALK FOR SJÖGREN'S INCENTIVE PRIZES (MUST BE REGISTERED)

**Raise \$100** - Receive a Walk for Sjögren's T-shirt and a Star Medal

**Raise \$300** - Receive all of the above *plus* Walk for Sjögren's Travel Pouches

**Raise \$500** - Receive all of the above *plus* a Foundation Water Bottle

**Raise \$1,000+** - Congratulations, you're a Sjögren's Star! Your name will be highlighted on

sjogrens.org!

Sjögren's FOUNDATION

10701 Parkridge Blvd, Suite 170, Reston, VA 20191 www.sjogrens.org (301)-530-4420



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