



# Walk for Sjögren's

CELEBRATING OUR STRENGTH

## Southwest Walk AZ, NM, UT

SATURDAY, MARCH 12, 2022

10AM MT VIA ZOOM



REGISTER TODAY: [events.sjogrens.org/SWWalk](https://events.sjogrens.org/SWWalk)

**PARTICIPATE AND MAKE A DIFFERENCE RIGHT WHERE YOU ARE! RAISE CRUCIAL FUNDS AND AWARENESS TO HELP CONQUER SJÖGREN'S AND CREATE A BRIGHTER FUTURE!**

### HERE IS HOW...

- **Step 1. Register at Events.Sjogrens.org/SWWalk:** Personally donate and/or raise \$50 registration fee to receive a Walk for Sjögren's T-shirt. (If you do so by March 2, you will receive your T-shirt in time for Walk Day and a chance to win a \$100 Amazon gift card)
- **Step 2. Personalize:** Add your story and why you walk to your online fundraising page
- **Step 3. Raise Funds:** Ask family and friends to donate to your page
- **Step 4. Rally Others:** Encourage your family and friends to participate and register (no matter where they are). They can register online, raise funds and receive a T-shirt and other prizes too!
- **Step 5. Join Us on Saturday, March 12, at 10am MT:** Opening Ceremony is on Zoom - **Ceremony features door prizes, expanded Ask the Doctors (bring your questions), and seeing fellow Sjögren's friends!** Then at 10:45am take off on your walk in your neighborhood. (Be sure to take pictures and share them at #WalkforSjogrens)



### WALK FOR SJÖGREN'S INCENTIVE PRIZES (MUST BE REGISTERED)

**Raise \$100** - Receive a Walk for Sjögren's T-shirt and a Star Medal

**Raise \$300** - Receive all of the above *plus* Walk for Sjögren's Travel Pouches

**Raise \$500** - Receive all of the above *plus* a Foundation Water Bottle

**Raise \$1,000+** - Congratulations, you're a Sjögren's Star! Your name will be highlighted on [sjogrens.org](https://sjogrens.org)!



10701 Parkridge Blvd, Suite 170, Reston, VA 20191  
[www.sjogrens.org](https://www.sjogrens.org) (301)-530-4420

## THANK YOU TO OUR 2022 WALK SPONSORS

### Major Sponsors

The Gales Family

The Kim Kelley Family



National Walk Sponsor



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